

TO BE COMPLETED ON FOR ALL PHYSICAL/WELLNESS EXAMS

The purpose of the **Annual Routine Physical Exam** is to provide a comprehensive physical examination in order to screen for disease, promote a healthy lifestyle, and assess a member's potential risk factors for future medical problems. **Any clinical laboratory tests or other diagnostic services performed at the time of the wellness visit may be subject to a copayment or coinsurance.**

This exam includes performance of all of the following components as well as the gender-specific examination and is based on CMS guidelines:

1. History
2. Vital signs
3. General appearance
4. Heart exam
5. Lung exam
6. Head and neck exam
7. Abdominal exam
8. Neurological exam
9. Dermatological exam
10. Extremities exam
11. Male physical exam
Testicular, hernia, penis, and prostate exams
12. Female physical exam
Breast and pelvic exams
13. Counseling to include healthy behaviors and screening services

Issues not listed above are **not** considered part of a physical examination and therefore must be charged as an office visit in addition to your physical. This is required of us by your insurance company. You do not need to make another appointment for this service, the provider will see you for your additional issues at the same time as your physical, but please understand that we are **legally obligated** to assign procedure codes based on the service provided to you, whether it is a wellness exam, a visit to take care of problems, or both. **We cannot change the coding later to cause the insurance company to pay for a non-covered service.**

If both services are billed, you may be responsible for paying a co-payment for each service, depending on your insurance coverage

Patient signature

Date

Printed Patient Name